

www.napier.ac.uk
0500 35 35 70

If you would like more information or require advice about applying, please contact:

Liz Irvine
School of Community Health
Napier University

Tel: 0131 455 5315
Email: communityhealth@napier.ac.uk



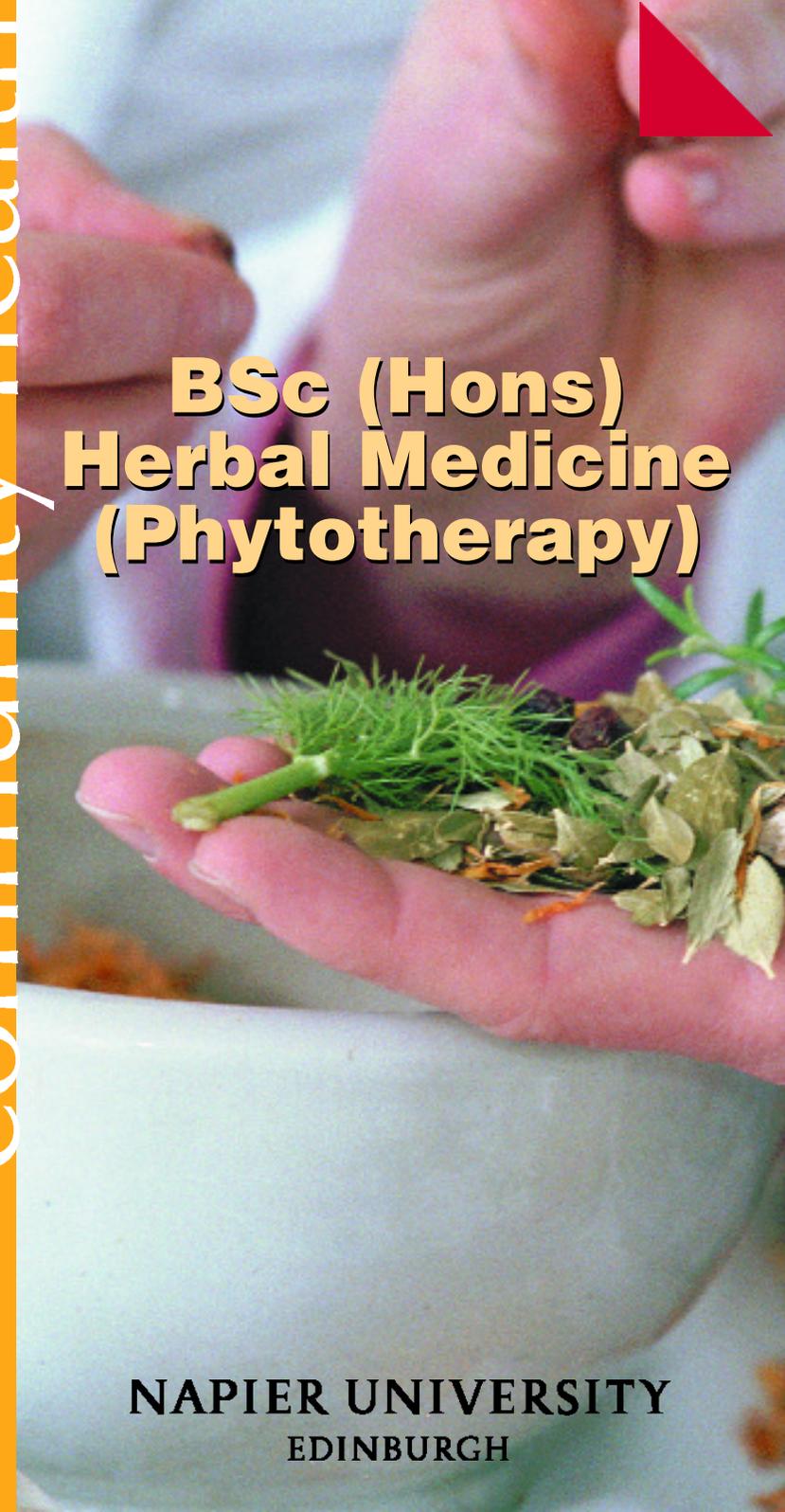
INVESTOR IN PEOPLE

NAPIER UNIVERSITY
EDINBURGH

school of community health

BSc (Hons) Herbal Medicine (Phytotherapy)

NAPIER UNIVERSITY
EDINBURGH



Introduction

Herbal Medicine is the use of plant remedies to promote optimum health and to prevent and treat disease. Around 25 per cent of conventional drugs are derived from plants. Herbal remedies are different in that they are whole plant preparations which contain the full range of plant constituents rather than isolated chemical extracts. Proponents of herbal medicines contend that this makes them, in general, better tolerated, gentler and safer than the majority of conventional drugs. Herbal medicine is arguably the oldest form of medicine and is still, when viewed from a global perspective, the most commonly used type of medicine today.

Although many people buy herbal medicines over the counter, there is an established group of professional herbal practitioners who consult with patients in their surgeries and prescribe tailor-made herbal medicines for them. The profession has been growing steadily over the last decade and is on the verge of achieving statutory self-registration. This will improve the status of the profession and lead to its greater integration into mainstream healthcare. This coupled with the development of a sound research base for practice, makes it an exciting time for those involved in herbal medicine.

Programme Structure

Napier University degree programmes are modular with each module normally lasting for one semester (15 weeks). There are two semesters in the academic year which starts each September.

Mode of Study

The programme is offered on both a full-time and part-time basis. Part-time students normally complete two modules per semester and full-time students complete four modules per semester. Modules are delivered at various times of the day and some are in flexible learning format.

Work Placement

Clinical education takes place in herbal clinics.

Career Opportunities

Graduates from the BSc (Hons) Herbal Medicine (Phytotherapy) will be able to join key professional bodies in herbal medicine and work as herbal practitioners.

Entry Requirements (200 points)

- SQA Higher : BBC plus English, Maths, Chemistry and Biology at Standard Grade
- GCE 'A' Level : CC plus English, Maths, Chemistry and Biology at GCSE
- Applicants over 21 years may be considered for entry without the above qualifications on providing evidence of academic ability to undertake the programme.

What you study

Level One Modules	Level Two Modules	Level Three Modules	Level Four Modules
<ul style="list-style-type: none">• Study Skills Toolkit• Introduction to herbal medicine• Introduction to botany• Anatomy and physiology• Materia medica• Plants and the environment• Biological chemistry	<ul style="list-style-type: none">• Research• Clinical medicine• Materia medica• Biochemistry• Clinical diagnosis• Applied physiology	<ul style="list-style-type: none">• Pharmacology and toxicology• Research• Biochemistry• Materia medica• Clinical medicine• Clinical practice• Counselling	<ul style="list-style-type: none">• Nutrition• Honours project• Clinical medicine• Clinical practice• Ethnobotany• Herbal commerce

