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These search terms have been highlighted: **alternative health**

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UCL Online » Human Resources » Occupational Health » **Alternative Health** Links

Useful Complementary Health Websites

Therapy	Registering Body	Website
Reflexology	The Association of Reflexologists	http://www.aor.org.uk (http://www.aor.org.uk)
	The British Reflexology Association	http://www.britreflex.co.uk (http://www.britreflex.co.uk)
Shiatsu	The Shiatsu Society	http://www.shiatsu.org.uk (http://www.shiatsu.org.uk)
Acupuncture	British Acupuncture Council	http://www.acupuncture.org.uk (http://www.acupuncture.org.uk)
	British Medical Acupuncture Society	http://www.medical-acupuncture.co.uk (http://www.medical-acupuncture.co.uk)
Reiki	Uk Reiki Federation	http://www.reikifed.co.uk (http://www.reikifed.co.uk)
Homeopathy	The Society of Homeopaths	http://www.homeopathy-soh.com (http://www.homeopathy-soh.com)
	Alliance of Registered Homeopaths	http://www.a-r-h.org/index.htm (http://www.a-r-h.org/index.htm)
	British Homeopathic Association	http://www.trusthomeopathy.org (http://www.trusthomeopathy.org)
Herbalism	National institute of Medical herbalists	http://www.nimh.org.uk (http://www.nimh.org.uk)
Naturopathy	The General Council and register of Naturopaths	http://www.naturopathy.org.uk (http://www.naturopathy.org.uk)
Bowen Technique	The European College of Bowen Studies	http://www.thebowentechnique.com (http://www.thebowentechnique.com)
Osteopathy	The General Osteopathic Council	http://www.osteopathy.org.uk (http://www.osteopathy.org.uk)
	The British Osteopathic Association	http://www.osteopathy.org (http://www.osteopathy.org)
Cranio-Sacral Therapy	The Craniosacral Therapy Association UK	http://www.craniosacral.co.uk (http://www.craniosacral.co.uk)
Chinese Medicine	The Register of Chinese Herbal Medicine	http://www.rchm.co.uk (http://www.rchm.co.uk)
Nutrition	The Institute of Optimum Nutrition	http://www.ion.ac.uk (http://www.ion.ac.uk)
	British Dietetic Association	http://www.bda.uk.com/ (http://www.bda.uk.com/)
NLP	The Association for Neuro-Linguistic Programming	http://www.anlp.org (http://www.anlp.org)
Ayurvedic Medicine	The Ayurvedic Medical Association U.K.	Tel: 020 8657 6147/  020 8682 3876
Massage Therapy	International register of Massage therapists	http://www.irmt.co.uk (http://www.irmt.co.uk)

General Council for Massage Therapy <http://www.gcmt.org.uk> (<http://www.gcmt.org.uk>)

The Association of Physical and Natural Therapists <http://www.apnt.org.uk> (<http://www.apnt.org.uk>)

Aromatherapy Aromatherapy Consortium <http://www.aromatherapy-regulation.org.uk>
(<http://www.aromatherapy-regulation.org.uk>)

Activities/Classes

Yoga The British Wheel of Yoga <http://www.bwy.org.uk> (<http://www.bwy.org.uk>)
Pilates Body Control Pilates <http://www.bodycontrol.co.uk/> (<http://www.bodycontrol.co.uk/>)
Tai Chi The Tai Chi Union <http://www.taichiunion.com> (<http://www.taichiunion.com>)
Meditation Friends of the Western Buddhist Order <http://www.fwbo.org/meditation.html>
(<http://www.fwbo.org/meditation.html>)
Vipassana Fellowship <http://www.vipassana.com/> (<http://www.vipassana.com/>)

Other

Mooncup Alternative feminine hygiene <http://www.mooncup.co.uk> (<http://www.mooncup.co.uk>)