

SSC CODE	Period Available	NO OF PLCs	TITLE	TUTOR	AIMS	LEARNING OBJECTIVES	OUTLINE OF MODULE	ASSESSMENT	FACILITIES	Location
1098	2a & 2b	TBC	<b>An Introduction to Ayurvedic Medicine</b>	Professor Shrikala Warriar	To introduce the concepts and principles which underpin Ayurvedic Medicine. To introduce Year 1 and 2 medical students to the Ayurvedic approach to patient assessment, diagnosis and treatment. To provide students with 'hands on' experience of preparing traditional Ayurvedic herbal formulations and administering treatments. To introduce students to a range of yoga postures and their health promoting benefits. To explore the role of Ayurvedic Medicine within contemporary health care provision in the UK	By the end of the module, the student will be able to:1. Explain the core concepts and principles of Ayurvedic Medicine.2. Evaluate the relevance of the Ayurvedic approach to health promotion and disease prevention.3. Compare the Ayurvedic understanding of pathology and pathogenesis with those of bio-medicine.4. Apply critical, analytical and reflective skills to the Ayurvedic process of differential diagnosis and rationale for prescribing.5. Critically evaluate the evidence base for Ayurvedic treatments and yoga therapy.6. Discuss the basis for safe and appropriate cross-referral of patients and multi-disciplinary approaches to the provision of health care.	. History and basic concepts of Ayurveda (5 element theory, constitutional analysis of body and mind) Health promotion (Diet, lifestyle and environmental health issues) Lecture & discussion2. Health promoting benefits of yoga Practical session3. The Ayurvedic consultation Observation followed by discussion on causes of ill health & classification of diseases, the diagnostic method4. Ayurvedic treatments (principles underpinning the herbal prescription and other therapeutic interventions) Case presentation followed by discussion5. The Ayurvedic Pharmacy (preparation of some classical herbal medicines) Practical session6. Ayurvedic treatments (massage, herbal sauna and other treatments) Practical session7. The evidence base for Ayurvedic treatments and yoga; regulatory frameworks for practice in the EU Discussion	Oral Presentation : Each student will give a 20 minute presentation on a topic of their choice which is related to the content of the module Written paper (3000 words) The paper will explore the potential for integrating Ayurvedic and modern medical approaches for a specific health condition.	Access to the following facilities at MAYUR: The Ayurvedic University of Europe. Library which has an extensive collection of books, journals and multi-media resources, Ayurvedic Clinic, therapy room and pharmacy. Module Study Guide which will provide the indicative content for each study day, reading and guidelines for the assessments	MAYUR is located at 81 Wimpole Street, W1G 9RF, in the heart of the medical district of Central London. The teaching facilities are easily accessible by public transport. The nearest underground stations are Bond Street (Central & Jubilee lines) and Oxford Circus (Central, Bakerloo & Victoria lines).