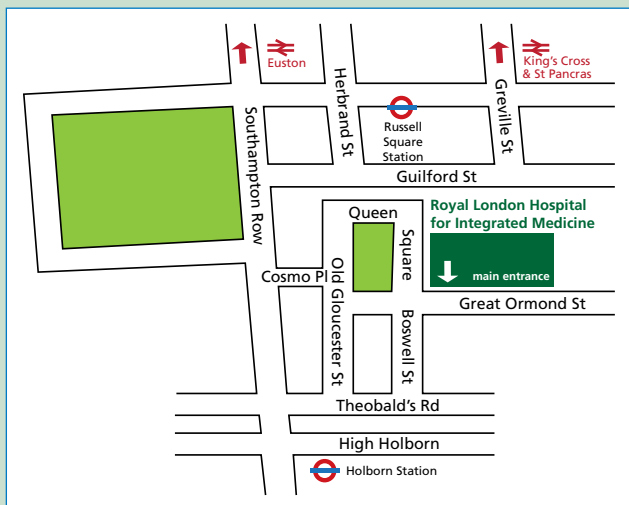


How to find us

By Train – Euston, King's Cross and St Pancras are all only about 15 minutes walk from the hospital.

By underground – Russell Square (Piccadilly Line) and Holborn (Central and Piccadilly Lines) are both within walking distance.

By Bus – Various buses come within 15 minutes walk of the hospital including route numbers: 8, 17, 19, 25, 38, 45, 46, 55, 59, 68, 91, 168, 188, 242 and 243.



Royal London Hospital for Integrated Medicine

60 Great Ormond Street
London
WC1N 3HR

www.uclh.nhs.uk/rlhim

Patient services

Tel: 0203 44 82000

Fax: 0203 44 82004

• Design: UCL Medical Illustration 2010

The Royal London Hospital for Integrated Medicine

Craniosacral Therapy Clinic (CST)



University College London Hospitals **NHS**
NHS Foundation Trust

The Royal London Hospital for Integrated Medicine



Craniosacral Therapy is a safe and gentle 'hands-on' therapy that aims to release tensions, restrictions and misalignments in the body. It can be used safely alongside conventional treatments.

Treatments are given by qualified practitioners as part of a patient-centred, integrated approach to healthcare.

Craniosacral therapy can be offered to children and adults for a variety of conditions:

- Babies
 - Crying, restlessness
 - Colic, wind and digestive disturbances
 - Sleep problems
 - Feeding difficulties
- Children
 - Recurrent ear infections and sinus infections, glue ear
 - Asthma
 - Hyperactivity
 - Behavioural problems
 - Sleep disturbance, nightmares
- Adults
 - Muscular aches and strains
 - Pregnancy-related back pain and preparation for labour
 - Complaints arising after child birth
 - Problems arising after injuries
 - Temporomandibular (jaw) joint pain and disorders
 - Stress related conditions, anxiety
 - Sinusitis
 - Insomnia
 - Exhaustion

How to be referred

The Royal London Hospital for Integrated Medicine (RLHIM) is part of University College London Hospitals NHS foundation trust and accepts all NHS referrals.

GP referrals are by letter.

Patients can also be referred by their NHS hospital consultant.

Please send your referral letter to

**Craniosacral Therapy Clinic
The Royal London Hospital
for Integrated Medicine
60 Great Ormond Street
London WC1N 3HR**

Professional education and training

The Royal London Hospital for Integrated Medicine is part of the University College London Hospitals NHS Foundation Trust and is a teaching hospital.

With the patients consent, other healthcare professionals may sit in during outpatient clinics.