

From: Patrick Holford [REDACTED]
Sent: 22 October 2007 11:52
To: Woodhouse, Dave; Chapman, Tony; Barnes, Liz; Bonnie Valina
Subject: Summary of our meeting - with attachments

Dear all – I just got back from my lecture tour and thought I'd give you a nudge on the outstanding points. Best wishes, Patrick
(I'm on [REDACTED] Monday to Thursday, then away for a week)

Dear David, Tony and Liz

To summarise our very useful meetings:

BRAIN BIO CENTRE

Dave will send Patrick and Mary-Ann the actual numbers in terms of patients seen, income and expenditure of the last year. Mary-Ann will create a budget template for a Brain Bio Centre at Teesside, expanding the treatment base to including adult mental health issues. Tony will sound out the corporate structure with the executive, based on Brain Bio Centre as an independent unit paying rent, profits to go into Food for the Brain Foundation, which, in turn, funds PHD and other research projects.

PHD STUDENT SCHIZOPHRENIA PROJECT

Tony will clarify how the £12K per year plus enrolment fees (£1.2k per annum) will work – eg FFB paying University, University paying student; and check the attached draft contract between FFB and [REDACTED]. Tony, please make any changes necessary to the attached draft contract (track changes), and also provide a Memorandum of Understanding between the School and the student.

SEMINARS AND POST-GRAD COURSES

Dave will propose a day of seminars taught by Patrick in the New Year, including the MSc Health Psychology students, Ofsted Inspectors on Education course, inviting in key contacts in education inc. local school heads, on the subject of 'Food for the Brain'. Dave, advise me who needs what in terms of outcomes and I'll propose a lecture format. Amanda Clarke has proposed either 30th or 31st January, which are now pencilled in. This seminar can also serve as priming to discuss the possibility of developing a postgraduate course for the teaching profession in nutrition and mental health, which could be discussed after the seminar.

VISITING PROFESSORSHIP

Liz and Tony to write a brief statement defining the role.

FOOD FOR THE BRAIN & OTHER RESEARCH PROJECTS

Also attached is the Annual Report of the Food for the Brain Foundation. The Food for the Brain Foundation wishes to propose a research project designed to create a validated psychonutrimetric questionnaire, to be used by health professionals as a screening tool to identify children with potential nutritional imbalances, based on analysis of the data collected in the Food for the Brain Child Survey on over 10,000 children. Patrick will write up this proposal, to then be costed by Teesside, dependent on assigning an MSc student.

RELATIONSHIP BETWEEN THE UNIVERSITY AND FOOD FOR THE BRAIN FOUNDATION

The essential relationship is that Food for the Brain Foundation is an educational charity with various projects and models designed to enhance mental health through nutritional interventions. The University is an independent evaluator/research unit, commissioned to evaluate/research various projects. Each acts independently with its own scientific advisors. Patrick Holford, as Executive Director of Food for the Brain, and visiting professor in School of Social Sciences and Law, seeks to encourage education and research collaboration.

I also met briefly with Prof Cliff Hardcastle, and also met Prof Graham Henderson.

I trust that summarises our various meetings.

Kind regards, Patrick Holford

Cc [REDACTED] my PA [REDACTED] viz dates and details.

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